

# SENIOR RESOURCE FAIR

**HOSTED BY  
SENIOR ADVISORY BOARD**

**FREE**

**Finance Guidance**

**Afterlife Services**

**Volunteerism**

**Senior living**

**Fitness & Programs**

## **Fitness Demonstrations:**

Bobby Blakey a 7th degree blackbelt, and a Drumba Instructor

***Food Samples by: Chick-fil-a & Cheesesteak House***

**September 12th | 9a.m. to 12p.m.**  
**Rowlett Community Centre**



**5300 MAIN ST  
972-412-6170**